

# Amherst Island BEACON



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## Fun in the Sunny South



PHOTO BY JUDY GREER

*Islander Don (Woody) Woodiwiss shows us that he knows how to have fun while on vacation in Guatemala.*

### NEIGHBOURHOOD

- Lyn Fleming

Get well wishes this month to Dave Hieatt, Bob Gibson, Elsie Willard, Keith Miller, and Margaret Maloney.

Condolences to Bernadette Filson and family following the sudden death of her nephew just before the holidays.

Belated condolences to Anna (Miller) Wlasuk, following the passing of her husband Joe.

Congratulations to Gene and Robin Karr on the birth of their new granddaughter, Evelyn, born to son Adam and wife Nicole, weighing 6lb. 11oz.

Wayne and Karen Fleming and Ann and Ken Albertain headed south to Florida for a couple of weeks over the holidays.

Janet Scott spent the holidays in Owen Sound with friends. Most of our Island "snowbirds" are off to their winter retreats in Florida, Mexico and Costa Rica.

AIMS held their annual New Year's dinner/dance for a large crowd again this year.

The annual Island bird count was held on January 2nd.

In the couple of weeks before Christmas, the snowy owls were everywhere it seems, along with a wide variety of hawks.

All the accumulation of snow that had fallen prior to Christmas has now melted and been washed away by the milder weather and sometimes torrential rains. Things are grey and drab again. If we are going to live in Canada in the winter, I do believe it should be white!

Wishing everyone a happy and prosperous New Year!



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**NINA JANE MORRIS (NEE DRUMGOOLE)**

-Janice Morris

Nina Jane Morris (nee Drumgoole) was born (1934) and raised on Amherst Island. She was the daughter of the late Minerva (nee Flanagan) and Hugh Drumgoole. She is survived by her brother Calvin (Verna), predeceased by her brother John (Elva), and sister Kathleen Garrah (Len). She was married to Manuel (Manny) Morris (deceased). Cherished mother of Joyce Vivian, Cindy Zapotichny, Janice, Ted, Benjamin and Jennifer Morris. Devoted partner of 31 years to the late Joseph (Joe) Anghelescu.

Mom had a kind heart and invited all to her table, particularly those without family. Mom had a real zest for life, had a great sense of humour and loved to laugh. When called upon she offered logical advice and a strong shoulder to lean or cry on. She had a knack for conversation and loved getting together with family and friends to celebrate birthdays and other happy occasions.

Mom was a fabulous cook and on several occasions prepared dinner (all on her own) for up to as many as 35 hungry people.

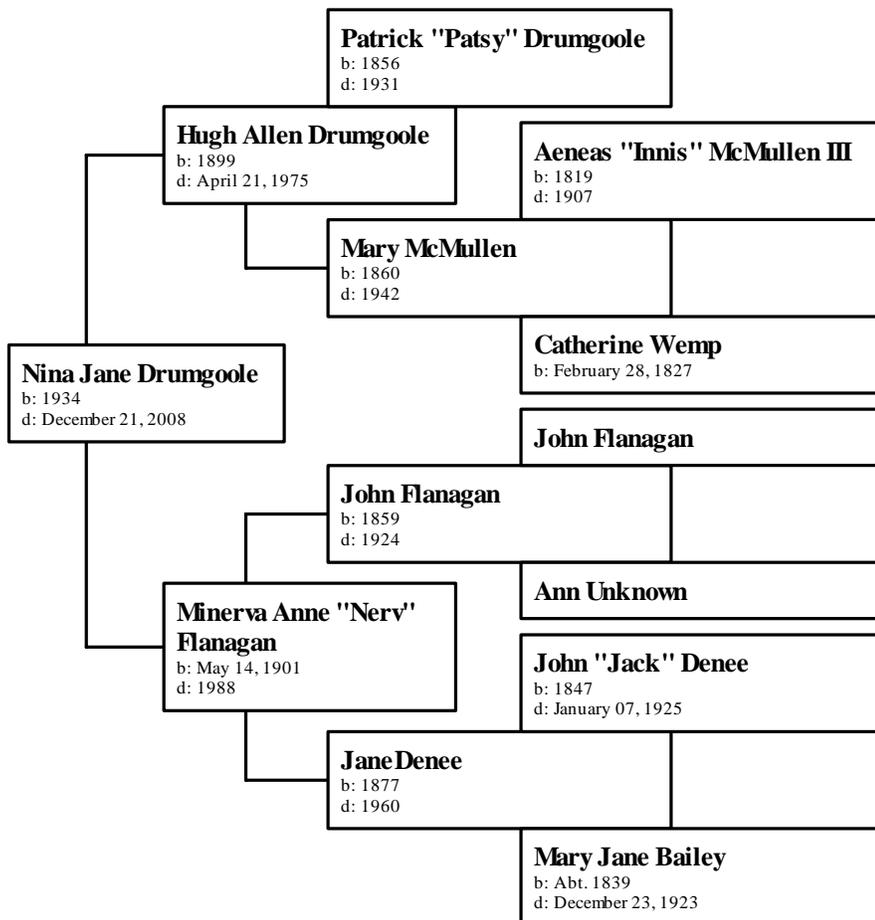
Mom loved to shop and if shopping would be considered an Olympic event she would "Hold the Gold."

Mom had a passion for dancing and in her final years took full advantage of every opportunity to attend all dances.

Mom will be missed by many.

Although Mom lived in the city; in her heart she was always an Island girl.

**Ancestors of Nina Jane Drumgoole**



## Drumgoole Family



**Bottom Row** left to right: Bob (Rob) Garrah, Joyce Vivian (Morris), Janice Morris, Cindy Zapotichny (Morris) **Top Row:** left to right: Great-Grandma Jane Flanagan, Grandma Minerva Drumgoole, Nina Drumgoole Morris, Ted Morris

### WOMEN'S INSTITUTE

- Sharen English

The Seniors' Christmas Party on Sun., Dec. 7 was a resounding success. Liz Harrison organized the event and Diane Hieatt was in charge of the kitchen again this year. The Women's Institute of Amherst Island thanks all the Islanders who attended and those who donated a little something to the W.I. We thank the Women's Institute members, who worked extremely hard this year on the event. Husbands of our members, and other Islanders, helped by carving turkeys.

We heartily thank the Islanders who helped us by cleaning up and washing dishes. It was a lovely evening. The food was great as usual. Brian Little's slide show was evocative and his framed photos behind our calendar sales table at the party looked gorgeous on the auditorium wall. The room looked so special decorated for Christmas. Brown Country Band performed lively, fun music and Christmas favourites. Volunteers from our Island 4H club worked so hard serving, cleaning up and helping out at the



door and at our calendar sales.

On Wed., Dec. 10 at 6 pm, 17 W.I. members and two guests, Mayo Underwood and Cathy Glenn, made merry at St. Paul's Church during our annual pot luck Christmas dinner and gift exchange. We collected donations for the food bank from our members. The food was delicious, traditional Christmas foods and desserts and other great foods. Cathy Glenn played piano while we caroled.

Kirsten and Claire, our co-presidents, thanked the membership for another successful Seniors' Christmas Party. Our wonderful Island volunteers will be thanked elsewhere in this publication. They were invaluable to us during this event. Brian Little will be thanked too by our organization for all he did for us that day.

We will be donating a door prize to the Amherst Island Men's Society for their New Year's Eve dinner.

Our Treasurer, Marilyn Pilon stated that we had a sizeable donation from Amherst Islanders to thank us for our Seniors' Christmas dinner.

Our next meeting will be a business meeting on Wed., Jan. 21, to be held at the home of Nancy Pearson.

Merry Christmas and Happy New Year.

## JANET'S JOTTINGS

- Janet Scott

Well it's over and now my job as compiler begins. The Christmas Bird Count was held on Friday, January 2nd. We met at the school with most birders coming off the 7:30 am ferry. About 30 avid birders signed up to take various routes on the Island to count and record species of birds. Six different groups covered the Island reporting in about 25 species each. When the numbers were totaled our intrepid birders had recorded 56 species of birds in a 5 hour period.

Thank-you to the many Islanders who helped our counters by giving permission for birders to enter their lands. I had asked some ahead of time but my birders are supposed to ask permission so do not hesitate to make me aware if there were any who disregarded your boundaries. Once again Bonnie Livingstone assisted me in preparing lunch and hot drinks to warm up our chilled birders. The birders appreciate this and are starting to look forward to the care they get on Amherst Island.

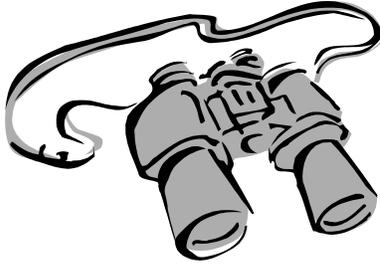
Nancy Pearson joined in the count. Sally Bowen, Joyce Reid, Dayle and Elly Gowan, Betty and David Wemp all helped by reporting birds at their feeders. Any bird seen 3 days before

or after the count day can be counted.

The highlight of the birding day for Peter Good, a long time birder and Kingston Field Naturalist member was stopping at the height of land near John and Tessa Mayman's home and being able to see 4 Snowy Owls at once.

Bud Rowe, the past president of the Kingston Field Naturalists tromped the Owl Woods and found Boreal, Saw-whet and Long-eared Owls. He also found a wintering Hermit Thrush in the Owl Woods.

Ron Weir, author of the book *Birds of the Kingston area* combed the fields on the Front Road and KFN property and listed 32 different species but did report that the South Shore was fun that day. If you recall stiff SSW winds were rolling waves and broken ice in on that shore that day. A few brave Bufflehead and Common Goldeneye were braving the waves and bouncing in and out of view. Ron is very careful with his counts and through the help of Island landowners was able to see 78 Tundra Swans sheltering at the bar and in the lee of the Islands.



Three Bald Eagles elected to be counted that day Although in different parts of the Island we can at least count two because one was immature and two were adults. There is no way to determine if the adults were different birds. A total of 15 Snowies were counted but again because they could be the same birds I have made the arbitrary decision to reduce that number to ten. Peter's four birds could be the two seen on the road to Long Point and the two seen on the 2nd Concession.

Alex Scott was able to locate three Boreal Owls for us on Friday and photographed each as a record in case we have any questions from Bird Studies Canada. Boreal

Owls were so rare on Bird Counts that one year they challenged our counting of one even though we had seen and identified 13 different Boreals that winter.

A Black Scoter hung out at the Ferry dock and was reported on New Year's Day by an Ottawa birder but was kind enough to show up again on January 2nd to be counted. Our birders on the Front Road going west got a White-winged Scoter so both birds were great birds to count even

if only one of each was seen.

The day was mild at only 5 below when we started but the brisk winds made it difficult to find the smaller birds that were hiding out in thickets and long grass. Only 5 Snow Buntings were seen and I know that there's a flock of over a 100 birds out there usually. No Short-eared Owls were seen that day and again probably because of the wind. We didn't get a Great Horned Owl either and usually they have to be counted by ear and that night was too windy to hear. Hopefully Ross Haines will hear his bird again and we'll know it's still there.

For all those more avid birders out there our count will be posted on the Kingston Field Naturalist's site or I'll be happy to provide you with a list.

Thank-you for your support of Birding,  
P.S.

I'll be speaking about Owls at the Backroom Talk on January 16th so will have copies of the new *Birds of the Kingston Region* to show you.

BIRD PHOTOS ON BOTH PAGES BY DAVE YOEUELL

**AMHERST ISLAND CHRISTMAS BIRD**

**COUNT, JANUARY 2ND, 2009.**

- Janet Scott

About thirty intrepid birders showed up on a blustery, winter morning to count species on Amherst Island. Many were frequent flyers at our counts but a few were first timers and were welcomed to Amherst Island by locals, Bonnie Livingstone, Nancy Pearson and Janet Scott. It was a good day although the wind and waves made birding on the South Shore difficult and birding by ear nearly impossible. After the count a time of fellowship and food was shared back at the school to warm us up and go over our lists. Thank-you to all of you, that so willingly gave of your time and talents to make this day such a great event. A total of 56 species were noted and a list with numbers appears below:

Canada Goose 431; Tundra Swans 78; American Black Duck 171; Mallard 429; Northern Pintail 2; Common Merganser 86; Red-breasted Merganser 5; Longtailed Duck 7; Greater Scaup 72; Lesser Scaup 5; Gadwall 1; Black Scoter 1; White-winged Scoter 1; Bufflehead 100; Common Goldeneye 896; Bald Eagle 3; Northern Harrier

10; Cooper's Hawk 1; Red-tailed Hawk 27; Rough-legged Hawk 39; American Kestrel 7; Ring-necked Pheasant 2; Ring-billed Gull 16; Herring Gull 40; Glaucous Gull 1; Great Black-backed Gull 7; Rock Pigeon 54; Mourning Dove 47; Boreal Owl 3; Northern Saw-whet Owl 8; Snowy Owl 15; Long-eared Owl 15; Red-bellied Woodpecker 1; Downey Woodpecker 16; Hairy Woodpecker 1; Northern Flicker 2; Blue Jay 33; American Crow 13; Horned Lark 3; Black-capped Chickadee 75; White-breasted Nuthatch 11; Brown Creeper 1; Winter Wren 1; Golden-crowned Kinglet 2; Hermit Thrush 2; European Starling 1859; American Tree Sparrow 10; Dark-eyed Junco 3; Snow Bunting 5; Northern Cardinal 5; White-winged Crossbill 5; Purple Finch 2; House Finch 35; Pine Siskin 1; American Goldfinch 75; House Sparrow 369; Brown Thrasher, 1.



### COUNCIL GLEANINGS

- Ian Murray  
Regular Council Meeting  
Dec. 8<sup>th</sup>:

The local Health Unit staff requested "that they be provided a free ferry pass for the purpose of providing free flu shots to Amherst Island residents.



Council decided that: "Nurses providing a free medical service to the whole Amherst Island community shall receive a free ferry pass ...." It does not appear that the nurses get any priority on boarding the ferry.

Six services are given free passage and priority passage: police; medical doctors; ambulance for emergency transportation; veterinarian; hearse & funeral cars; and, fire service vehicles.

[I assume that medical doctors and veterinarians have to be responding to an emergency of some sort. I also assume that bird-watching and duck-hunting doctors and vets wait in line and pay the toll.]

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One of the issues discussed in closed session at the Dec. 8<sup>th</sup> meeting was the Long Point Dock situation.

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Council and Staff are now engaged on budgeting and I wish them luck. Budgeting is always a difficult task and, with a lot of indications that 2009 will be a year of financial problems, it may be an even more challenging task. Perhaps Loyalist will get some of the money the higher levels of government are promising for municipal infrastructure projects.

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### AIMS

- Hugh Jenney

Twenty-two men sat down to a delicious full breakfast prepared by Eva, Brian and Daniel Little and his fellow 8<sup>th</sup> grader, Shyanne Shurtliffe. The senior class will be providing us with these wonderful breakfasts right up until they take their trip.



Woody introduced his dear wife, Judy, saying how lucky he was to have a wife who loved boating and traveling as much as he does.

Judy started off her talk and slide show about Guatemala by introducing us to a wonderful group of people originating in Cobourg called the Horizons for Friendship. They sponsor an Authors & Friends afternoon to raise money for community development projects in Central America. Several of their board members are Kingston residents. Funds donated are matched by CIDA. Women in Guatemala are treated as badly as if they lived under the Taliban. Many women are murdered every year ("Femicide") and this has to stop. Their new project is called "Research-Action Coordination to end Violence Against Women in Central America"; training locals to lead community campaigns to stop violence.

Judy and Woody are flying out of Detroit to Guatemala City which is in the center of a valley surrounded by volcanoes. In 1976, 20,000 people were killed in an earthquake that tumbled all their hillside houses down into the valley.

Judy told us about several interesting things such as that people awaiting arrivals have to wait outside the airport building. There are 10 million people (mostly in the south) made up mostly by native Mayans (55%), Spanish, Americans and Germans. The indigenous Mayans have been around since 2500 B.C.

Guatemala gained its independence from Spain in 1821. In 1985 the first free elections were held, electing the 1st civilian President. A civil war was underway from 1960-1996 when peace finally came and the guerillas handed in their weapons. Registering to vote is hard to do and the polling stations are hard to get to. Guatemala borders Belize, Honduras, El Salvador and Mexico. Guatemala renounced its control over Belize in 1992 in order to get an agreement to build a decent road to Belize City.

There are a multitude of Mayan groups in Guatemala. The Mayans are known for their hieroglyphics which have only recently been translated. The Mayans were known for their human and animal sacrifices, but they developed their own calendar and stone buildings e.g. temples at Tikal where 75000 people once lived.

November 2<sup>nd</sup> is the Mayan Day of the Dead. Possessions are buried with the body because they believe they

(Continued from page 6)

will be needed in the afterlife. All souls rise to become stars in the sky. Mayans believe the gods endow every creation with a protective inner soul. During Easter Week Mayans spread coloured sand on the roads to parade over. There are religious processions around Christmas and Easter.

The Americans dump their unsold clothes into Ropa Americana stores so one does see a lot of American jeans, shirts, etc. competing with the hand woven shirts and skirts which women produce using small looms.

Local vendors carry calculators with them to show you the price. They like to bargain, but one never feels cheated ie. a fair deal is always arrived at with good cheer.

There are many safe marinas along the river at which to tie up your boat. Judy & Woody feel very comfortable about leaving their boat at their marina for eight months each year. As a matter of fact Woody and Judy managed the marina themselves one year. It costs about \$200/month to store their boat there in safety. Each boat receives its own hook-up for electricity and drinking water. It is only five minutes by dinghy to the local market. The river is very busy, much like the Bath Road. The river water is dirty so the kids get lots of infections in their eyes and ears and skin. The Canadian Rotary Club started an orphanage on the river called Casa Guatemala. The government does not provide universal education so many private schools abound and there is a private hospital nearby, available to anyone able to pay a fee.

There are lots of Howler Monkeys, birds, snakes and spiders around so everybody wears shoes especially at night. Woody gave a very professional Howler Monkey call thus proving that we are indeed 98% genetically linked. There was no doubt in any of our minds after that demonstration!

The temperature is great while they are there, but watch out for April and May when it hits 100 F in the shade.

Tourist areas have guards on every corner so they felt quite safe there. Medical care is good and so are the dentists. Woody and Judy enrolled in a week of Spanish school in old Antigua including a home-stay with a Spanish family that was a terrific experience and they recommend it to others.

Peter Trueman asked why they picked Guatemala. Judy said the area was protected in hurricane season and a sailing guide book recommended it too. Safety is always an issue. Woody recounted a harrowing tale of an Alaskan couple who had a new boat and decided to "anchor out" ie they did not stay and pay in the marina where it was safe. Four men boarded their boat and killed him and stabbed her. She managed to call Woody's marina and the owner went out to her assistance. The four men were gone so he managed to get her to medical assistance. The local vigilantes found and killed the four men and a woman who organized the gang plus her fourteen year old son. Life is

cheap down there and the police are corrupt so it is a lot like the Wild West with no sheriff. Judy went on to say that the women are very capable. Their markets are wonderful and the people are very warm and friendly. Judy went on bus rides by herself and the women would let her hold their babies. She never felt threatened. The people have a good sense of humour and they live a vibrant but very basic life.

Greg Latiak thanked Judy for her entertaining and very informative talk. To show AIMS's appreciation, Greg gave her one of Brian Little's beautifully framed pictures of a snowy owl.

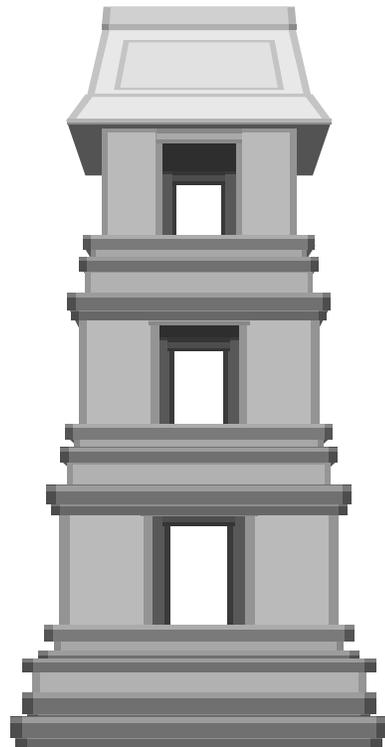
Woody then called the meeting to order.

Correspondence: Hugh passed around the pictures received from the Dairy 4-H Club who wrote to thank us for last year's donation. Good luck to Brooke Reid and her friends as they once again participate in the Royal Winter Fair.

Zander Dunn held a brief memorial for his good friend, Alan Kidd. Zander reminded us that Alan's wife, Judy, headed up the Angels for AIDS in Malawi Committee which raised over \$5,000 in two years. When Judy couldn't find anyone to paint the angel heads, Alan volunteered and those are the angel heads we see today on our Christmas tree. He said there are many Alan Kidd stories and that Alan was always full of good ideas which he acted upon.

AIMS agreed to donate \$600 to the Ameriks endowment fund and \$400 to the Ameriks bursary fund in Alan Kidd's name

AIMS also agreed to donate \$100 to the Horizons for Friendship to help in their fight against abusive men.



## GRIEVING THE DEATH OF A FRIEND

by Zander of DUNN INN

The death of my friend Alan Kidd has hit me hard. It's a long time since I was affected so deeply by the death of somebody known to me. Alan was my friend. I liked him; I admired him; I valued him and his views; I enjoyed being with him. And suddenly Alan was gone - taken from us by an accident. I was shocked by his death. I was saddened. I continue to grieve.

If I hurt, I can only imagine the far more intense pain Judy, Anna, Eva, Leah and all his relatives and friends must be feeling. The intensity of our grief is a tribute to Alan, to his importance in our lives.

Unfortunately there are no rules for grief. Dr. Elizabeth Kubler-Ross, some years ago, came up with five stages, or characteristics, of grief which can help us in dealing with the sorrow we must go through. They are:

1. Shock and denial
2. Anger
3. Bargaining
4. Depression
5. Acceptance

I find myself moving around among shock, anger and depression. I have not come to acceptance yet.

I am as shocked today as I was when my wife first told me about the phone call she had received from Ian Murray with the terrible news. I was sure there was some mistake. It could not be true. Alan was so lively, so vibrant, so much "with it" I could not imagine him dead. I pick up a book Alan and I discussed, or I see a picture of Alan, or I read something he wrote and I am sure he's still alive; he could not be dead. God had invested so much into Alan, I cannot believe he's gone. I not only don't want to believe Alan is dead; I can't believe it.

Alan's death angers me also. I'm angry at Alan for putting himself into danger, for leaving us before we could prepare ourselves for his absence, for cutting the good connections he and I had built up over so many years. I feel abandoned by Alan; he should not have done that to me and to us. Of course, that's my selfish and emotional reaction, but it is real and it makes life difficult.

I am not into bargaining. I know better than to bargain with God. Even if I could offer to give up my life to bring Alan back, I know that wouldn't work. That's not God's way. Besides, I keep telling myself, death is not the worst thing that could happen to Alan. Alan has passed through the barrier between life and what lies beyond and he is safe within God's care. That's what I believe and that's what I keep telling myself.

Depression hits me, often. I think to myself how much poorer we all are without Alan, how much I miss him, how much he could do for us all if he were here and I get discouraged. I get angry at God for allowing Alan to die so suddenly and I wish Alan's death had never happened. My life goes dark when I think of Alan no longer available, no

longer my friend on earth. I try not to let those black moments last too long, but they come often.

I wonder if I'll ever accept Alan's death. Time is a great healer and I'm sure over time I will come to realize I must accept what has happened and move on. I believe acceptance will come as I spend time with God, as Alan tried to do; as I try to figure out what Alan's friendship meant to me; as I wonder why God put Alan into my life. I don't mean all the questions will be answered logically, but I do mean I will come closer to discerning Alan's place among us.

In the meantime, I grieve, as I am sure many of you do as well. It is not wrong to grieve. It is wrong to give in to grief. Let's deal with our grief as best we can - patiently - and trust that God will empower us to get through to a new place.

And let's not think we must deal with our grief by ourselves. It's when we grieve that we most need others. Let's talk it over, share our memories, pool our resources and together celebrate Alan's life and shoulder one another's burdens. We don't need answers; we need to share our grief so others can help us carry it.

I thank God for Alan, but I lament his departure, and always will.



PHOTO BY LEAH MURRAY

## CJAI 92.1 Amherst Island Public Radio January Programming Schedule

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6PM	Canadian Classical	The Udder Morning Show	Tuesday Tracks	Wednesday Morning Fuel Run	Thursday Morning Show	Friday Morning Show	Canadian Folk
7							
8							
9	Program Exchange	Island Folk CDN	Whole Canadian Folk/Roots Album	Island Folk CDN	Island Folk CDN	Live from the Wolf's Den (Replay)	Sally's Books
10	Cheryl's Canadian Spotlight		Island Folk CDN				Vintage AI Beacon
11	Sally's Book	Down Memory Lane	Whole Jazz Album	Jazz from Jim's Vault	Jazz from Jim's Vault LIVE!		The Green Majority
11	Canadian Jazz		Jazz from Jim's Vault	The Green Majority	Jazz from Jim's Vault		"For the Birds"
Noon		OTR: Bing Crosby	OTR: Let George Do it	Whitehall 1212	OTR: Space Patrol	OTR: Lone Ranger!	Tea & Serendipity
1PM	Uncle Barry's Canadian Blues	GI Jive	Vintage AI Beacon	Whitehall 1212	Uncle Don	Sally's Books	Community Programming
2	Canadian Voices	Program Exchange	Celtic Tuesdays	Live from the Wolf's Den	Two Loons on a Thursday Afternoon	Friday Morning Show (Replay)	Jazz From Jim's Vault
3	Live from the Wolf's Den (Replay)	Udder Morning Show (Replay)					Canadian Mellow
4	Music from Away		Music From Away	Tea & Serendipity	Canadian Spotlight	LIVE ISLAND CONCERT SHOW	Deconstructing Dinner
5	Book Reading	Book Reading	Book Reading	Hank Snow Discography Show	Vintage AI Beacon	Book Reading	LIVE ISLAND CONCERT SHOW
6	Celtic Hour	Sally's Books	Music From Away	Hank Snow Discography Show	Vintage AI Beacon	Cheryl's Fried Fridays	Down Memory Lane (Replay)
7	Bound for Glory	Jazz from Jim's Vault LIVE! (Replay)	Uncle Barry's Blues	Uncle Barry's Blues	Uncle Barry's Blues		
8		Radio Moo - CDN					
9	Radio Moo - CDN						Down the Rabbit Hole
10	Radio Moo - Intl.	Radio Moo - Intl.	Radio Moo - Intl.	Radio Moo - Intl.	Radio Moo - Intl.	Radio Moo - Intl.	Down the Rabbit Hole
11	Radio Moo - Intl.	Radio Moo - Intl.	Radio Moo - Intl.	Radio Moo - Intl.	Radio Moo - Intl.	Radio Moo - Intl.	Down the Rabbit Hole
Midnight	Radio Moo - Intl.	Radio Moo - Intl.	Radio Moo - Intl.	Radio Moo - Intl.	Radio Moo - Intl.	Radio Moo - Intl.	Radio Moo - Intl.

Doug Green's Garden 8am, Noon, 5pm. Engines of our Ingenuity 9am, 5pm. WEATHER with Audrey 15 after the hour.

To listen online live go to [www.cjai.ca/playing.html](http://www.cjai.ca/playing.html) and click on Listen Online.

To become a member visit our website [www.cjai.ca/?page\\_id=6](http://www.cjai.ca/?page_id=6), write to us: Amherst Island Public Radio, 5830 Front Road, Stella, ON K0H 2S0 or telephone: 613-384-8282.

## FROM MY GARDEN

-Doug Green (www.douggreengarden.com)

What indeed do gardeners do during the winter time?

In my case, I'm sitting with the heat turned up designing the garden. And this week, it just got a ton smaller. I've been planning on a display garden scale and I've just decided that I'm going to make it a lot smaller and easier to manage.

I'm going to give you a few guidelines then on how to reduce the workload in the garden. What things to do that will both enhance the look of the garden while lowering the amount of work you do. Some of these things will cost you a bit of money to set up and maintain and some will be free to do. But all will reduce your workload and give you a better garden. Our decisions have to do with plant decisions, weed control decisions, pest controls and some management issues.

Plant decisions I'm looking at mean that every plant I grow outside of the trial beds has to be a low maintenance plant able to survive on its own without a lot of fuss and muss. No more big grandiflora petunias with their need for daily flower deadheading will ever be grown in my gardens. Unless that petunia is self-pruning (like the Wave series) then I'm not going to have it. Salvia and marigolds with their need to be deadheaded to keep blooming are out. It either blooms and keeps itself neat and tidy without help from me or it's not getting out of the garden center. Impatiens are the perfect plant in this regard. I'm going to grow a ton more impatiens everywhere next year, from Sunpatiens in full sun to the more traditional shade-lovers everywhere else from part-shade through to full shade.

Perennials are going to be similarly managed. I'm thinking that the long-blooming daylilies will form the backbone of my garden because I don't have to do a darn thing to them except cut them down in the fall (and this fall I didn't even do that because of my traveling). Then I'll toss in the Echinacea for daisy-style flowers, a few plants such as Liatris and perennial Geraniums for easy-to-grow plants on poor soils. I'll make sure any plant that tends to get sick, such as Phlox with their inevitable powdery mildew, is out of my garden. I have no time or inclination to baby plants that don't want to grow in my garden. If you can grow this plant without it dropping leaves from the bottom so it looks leggy, then more power to you. The other thing about most of the perennials that I'll be growing is that I won't bother deadheading them. I'll let the birds take the seeds and then, once a season, whack them all to the ground in the fall with the shears. Bloom by yourself over a long time or die.

Roses are going to be managed in my no-work garden. While I can grow tender tea roses without losing them to winter by deep-planting, I want roses that bloom all summer with no work. Or roses that give me massive amounts of fragrant blooms for a short season and then get on with the job of being attractive shrubs. I'm not interested in any-

thing that even remotely gets blackspot so those can stay in the nursery. There are enough rose choices now on the market that are disease resistant and long-blooming that the sicko-roses (no matter how lovely the fragrance or bloom) will never be given garden space.

Shrubs are similarly being chosen for having two characteristics. A shrub has to have two characteristics from a) long-blooming, b) interesting foliage c) fragrance or d) massive flowering. I'm assuming the shrub is rock hardy so give me two of these four characteristics or stay home. Fragrance is high on that list I can tell you so shrubs such as Lilacs and Mock-orange have a good chance of being grown.

That's the first key to the no-work garden. Do the planning to pick the right plants.

***Trust everybody but cut the cards.***

- Finley Peter Dunn

## WOLFE ISLAND

- Sally Bowen

Ralph Morrow has a personal connection to the Wolfe Island Wind Generators. When visiting his daughter Nancy in B.C, he met John Pannetoin, the man responsible for getting all the parts of all the generators to the "lay down" site. He was surprised to meet someone in B.C. who even knew about Wolfe Island.

John told him the parts were made in Scandinavia, sent by cargo ship to Oswego, then transferred to flat-bottom barges. Each barge carried a complete unit with all the parts. The barges were pushed by tugboat to the winter dock at Wolfe Island. The entire transfer was successfully completed before the onset of winter, when the Wolfe Islander ferry would need the winter dock.

John gave Ralph, Janet LeDuc, Nancy and Greg Morrow a tour of the site that they greatly enjoyed. Shortly after, Ralph was taken to KGH. He dictated this story from there.

[see page 11 for photo of visible turbines on Wolfe Island]

***The man who is denied the opportunity of making decisions of importance begins to regard as important the decisions he is allowed to make.***  
C. Northcote Parkinson.

## Wind Farm in the Distance



PHOTO BY DAVE YOUELL

*A look at Wolfe Island now reveals a very different landscape. Here, 4.5 wind turbines are easily visible.*



PHOTO BY DAVE YOUELL

*Another one of our woolly neighbours...seeming rather undaunted by the cold.*

## FROM FRONTENAC, LENNOX & ADDINGTON, AN ESSAY

- C. W. Cooper.

[Ida Gavlas found this 1856 essay in her mother Helen's books.]

Amherst Island belongs to the County of Addington. It is a very beautiful and richly fertile strip of land, at the estuary of the Bay of Quinte, and forms the principal break-water between the lower bay, or that part of the bay between the upper and lower gaps and the lake. It contains about 14,015 acres, the whole of which was long since taken up. In 1851, the land under cultivation was reckoned at 8,468 acres; since that time the cultivated land has greatly increased; population in 1851, 1,287, now about 1,800. . . . There is an Episcopal church and resident clergyman on the island and several other place of worship, with five schools. The Bay of Quinte steamers touch her on their way up and down the bay; in winter the Bay of Quinte is regularly frozen over, and the finest and smoothest sleigh-roads brings the Isle of Tante, and the villages and farms along the bay, into direct, easy and pleasant communication with the City of Kingston, whilst in summer, either the steamers or macadamized roads are within accessible distance of almost every man's door.

Cleared lands in this township are worth from 5 to 7 lb. Sterling.

[The author proceeds to list the amount of agricultural products that our Island produced in 1852.] The past spring (1856) 9,000 bushels of wheat were sent from here to one large farm in Kingston. There is a ship yard on this island where a very fair business is carried on.

The soil in this, like that of the surrounding townships, is a rich black loam, on a subsoil of clay over a limestone formation and is very suitable for all the usual agricultural productions . . . A Township Agricultural Society has, for some time, been established here, and more interest in the progress of that all-important science is shown than in some other townships.

[The foregoing does sound a bit like a real estate promotion. Tom Sylvester referred me to the following quote from Catherine Wilson's book "A New Lease on Life". "Maxwell . . . purchased Amherst Island {1857} when it was over-populated, the forests were denuded, land values were rising more slowly, the shipbuilding industry was in decay, the soil was exhausted, and the community was being bypassed by the railway age."]



PHOTO COURTESY OF ALLAN GLENN

Christine Gregg (Glenn) will receive friends in celebration of her 90th on Sunday January 18 between 12 noon and 2p.m. in St. Paul's Presbyterian Church Hall.

Best wishes only, please, as Chris is enjoying a wonderful life which has given her all of God's gifts that one could ever desire.



## News from The Lodge on Amherst Island

*The Lodge has been a busy place. I don't know what excites me more... our new renovation, the new Amherst Island Speaker Series or our new, winter "birder packages". Our construction project gave us a new entry, a real office, some storage, our first coat closet and a very warm affection for Woody Woodiwiss and his many crew members. So far Woody is getting rave reviews for both design and execution even though it won't be truly done 'til the siding can go on and the ramp railings are installed in the Spring.*

*With a huge thanks to Harold Redekopp, we can celebrate the inauguration of The Amherst Island Speaker Series. On six Sunday afternoons, 3 in the Spring and 3 in the Fall, we will feature interesting people talking about subjects they are passionate about. Each talk will be followed by a question and answer period, then wine and cheese with the speaker. The Spring schedule is below.*

*Strange as it sounds, we just had a great birder experience...not with the birds, but offering food and shelter to the birders. We had shied away from bookings in the winter, but with the addition of new, part time Island staffers Sue Frizzell and Victoria Cuyler we feel confident that we can begin to reach out to the birding community.*

*And, now that the inside work is almost done we have re-ignited our Concert Series. We have a terrific line up for you! See below.*

*As we go into our ninth year, I want to thank you for your encouragement and support of events at The Lodge. I welcome suggestions from you for more, interesting programs and events.*

*Looking forward to greeting you at the renewed Lodge...*

Cheers,  
Molly

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### Upcoming Events at the Lodge 2009

#### Winter/Spring Concert Series

*Four fabulous reasons to come in from the cold*

February 21<sup>st</sup>  
**Amy Campbell**

March 21<sup>st</sup>  
**Suzie Vinnick**

April 18<sup>th</sup>  
**Fireweed**

May 23<sup>rd</sup>  
**Brian MacMillan with John MacPherson**



#### Amherst Island Speaker Series

*Three stimulating Sundays*

April 19<sup>th</sup>  
**Rick Phillips:**  
**Great Recordings**  
Formerly of "Sound Advice" on CBC

May 3<sup>rd</sup>  
**Dr. Harley Smyth:**  
**Ethics & Modern Medicine**  
Neurosurgeon and longtime Island resident

May 24<sup>th</sup>  
**Dr. Stephen Webb:**  
**First Nations People and the Island**  
Retired history professor, sailor and Island resident

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The opening Art Show for the season will be The Amherst Island Public School in April, followed by a new show opening on every long weekend through Thanksgiving!

For more information and ticket prices call  
Rosemary Richmond at 613-561-0613 or see our website:  
[thelodgeonamherstisland.com](http://thelodgeonamherstisland.com)

### BATH MUSICAL AWARENESS CONCERT SERIES

January 24: Derek DeBeer, African Safari  
South African Cultural Rhythm Experience  
Hand Drum Percussion Rhythmic Demonstration.

February 28: Tweed Twangers, Poly Ethnic Cajun Fun-  
try Slam Grass

Music played with Traditional yet Unusual Instruments.

March 28: Terry Tufts, One of the Best Guitarists, Vo-  
calists & Songwriters of Our Generation

All Concerts 7:45 pm to 11:00 pm

Saint John's Memorial Hall

215 Church Street, Bath.

Tickets for each performance: \$8 Advance; \$10 Week of  
Show; \$12 at the door.

Ticket info: Loyalist Music, 366 Main Street  
Bath, 613 352 3414, [loyalistmusic@kos.net](mailto:loyalistmusic@kos.net)



Thank you from the Bulch family for all the cards, dona-  
tions and caring shown with the passing of our  
Mother. The Island community certainly is appreciated  
and Mom enjoyed her many friends.

Thank you to Zander Dunn, St. Paul's Church, The  
P.C.W. and Dick and Puddy Dodds for all your kindness.  
The Bulch Family



Amherst Islanders – you are wonderful. Thank you so  
much for your care, your concern, your support, the  
prayers, the cards, the fruit, the flowers, books, chocolate,  
CDs and DVDs, cookies, and more, and so many offers to  
help, since Dave's spinal stroke occurred in early Decem-  
ber. A special thank you to Bruce Burnett and John  
Schutzbach who helped with Dave's first visit home, and  
to Jim and Judi Gould for the incredible hamper of Christ-  
mas dinner on Christmas Day. We tell people - when you  
move to the Island you also move to a community, and  
now we are experiencing it first hand! You have all helped  
us deal with a difficult time – thank you.

Dave & Diane

A sincere and heartfelt thank you to everyone for their  
love and support in the past weeks. Thanks to all who sent  
food and cards and letters and thoughts and prayers, to the  
First Response team and Loyalist Township, Zander Dunn,  
Judy Roberts and Anna and Eva Kidd, Molly Stroyman,  
and especially to my family. The support of this wonderful  
community is a constant and invaluable reminder of how  
fortunate I am to live in this place.

Leah Murray

**CONDITIONS RE USE OF BACK BEACH**

Loyalist Township advises that effective January 1<sup>st</sup> to September 7<sup>th</sup>, 2009 Back Beach is available for public use under the following conditions:

1. All terrain vehicles, dirt bikes, dune buggies and other motorized vehicles and bicycles **are prohibited**. All vehicles must be parked in the designated parking area.
2. No persons shall be allowed to camp, light fires, hunt or discharge firearms on the Beach.
3. Use of the Beach is permitted only during the period from January 1<sup>st</sup> to Labour Day and at no other time.
4. Persons using the Beach do so at their own risk as the Beach is unsupervised.
5. Keep the area clean by placing all garbage in the garbage receptacles provided. Users are encouraged to take their garbage with them when they leave the Beach.
6. No one shall use the Beach for sleeping or residential purposes or for the storage of personal effects or articles.
7. No trees of any nature may be cut or destroyed in the Beach or adjacent areas.
8. Consumption of alcoholic beverages is prohibited.
9. Management reserves the right to make such other and further reasonable rules and regulations as in its judgment may from time to time be needed for the safety, care, cleanliness and appearance of the Beach.

For information concerning this notice, please contact the Recreation Director, Loyalist Township. Phone (613) 386-7351, ext. 131.

**HEART & STROKE FUND**

On February 2nd the A.I. Women's Institute is sponsoring a canvass for the local Heart and Stroke Fund. Watch for a request envelope in your mailbox. Please support this important cause.

**~ CLASSIFIEDS ~ ~ CLASSIFIEDS ~**

**HOUSE FOR RENT**

There is a 3-bedroom home available for rent on South Shore waterfront, on 5 acres and with its own 200+ feet of shoreline – great for swimming, kayaking, etc. The house is heated with forced air oil furnace; appliances are included. Available from 1<sup>st</sup> February 2009 on yearly lease, \$740/month. If you would like more information or would like to view this property, please contact us and we'd be happy

**AUDIO BOOKS**

Is anyone interested in sharing **audio books**? Or perhaps co-operating on renting audio books?  
Sally Bowen & Ian Murray  
613-389.3802

**WANTED**

To purchase a very good quality used cordless telephone.  
(I want used not for cheapness but because of the emissions from new plastic.)  
Please call Sally at 613-389-3802.

**GIVE THE GIFT OF LAUGHTER**

Deborah Kimmett \$20  
Thursday Feb 5th 2009 7:30 PM  
Napanee Lion's Hall  
57 County Road 8  
(TICKETS AT AMHERST ISLAND STORE,  
GRAYS IN NAPANEE )  
Cash Only Open Seating

(GREAT STOCKING STUFFER)

**USED BATTERIES**

Used single use batteries – except car batteries – may be left at the General Store. The Women's Institute will take them to a proper facility where the components can be extracted and recycled.

**FOR SALE**

Refrigerator, 21 cu.ft., \$75.  
Antique dresser complete with mirror, \$175.  
Water pump, 10 US gpm, \$125.  
Contact Lance Pope at 905-569-2023 (home).

**FOR SALE**

The stock market may be going down, but waterfront property is going up. Invest in this grassy lot overlooking the Bay of Quinte on Amherst Island. Promise not to build for ten years and the price drops from \$150,000 to \$100,000. Pay cash and the price drops to \$75,000. This 1.92 acre property is located next to the Danial Fowler House at 14005 Front Road.

Call Hugh or Claire Jenney at 613.384.7830 for an appointment.  
[hcjenney@hotmail.com](mailto:hcjenney@hotmail.com)

**COOL MEADOWS GALLERY & BAKERY**

30 Front Road  
613-634-8716  
Tue – Sat.  
10:30 a.m. to 6:30 p.m.  
Peter Bigras

**CHIROPRACTOR**

Amherst Island Chiropractic,  
Dave Meikle D.C.,  
11450 Front Rd., Appointments Tuesday and Thursday 8-10 am. 4-6 pm.  
For appointments or any questions call Dave at 613-384-5363 or 613-328-8892.

**WOMEN'S INSTITUTE CALENDARS**

Featuring Brian Little's photographs, are still available. The cost is \$10.00. They are available from Liz Harrison (613-389-5176), Joyce Reid (613-634-8716) and the General Store.

**FOOT CARE ON AMHERST ISLAND**

Some of you may not be aware that this health service is available on the Island. Once every six to seven weeks a registered nurse who specializes in foot care comes and provides her services.

\$25/half hour and includes nail trimming, paring down of corns, calluses, and sanding of dry skin.

If you are interested please phone Judith Harrower at 613-384-0435.



PHOTO BY DAVE YUELL

The Foot

